

Texas Healthy Communities Indicators



1. Physical Activity - Physical activity areas and opportunities are designated, safe, accessible, and promoted throughout the community.



2. Healthy Food Access - Healthy food options are accessible and promoted to all members of the community.



3. Mother-Friendly Environment - Mother-friendly worksites, birthing facilities, and hospitals are in place in the community.



4. Healthy Schools - Public schools comply with all legislated components of a coordinated school health program and daily physical activity.



5. Healthy Worksites - Worksites wellness programs are in place for the majority of employees.



6. Comprehensive Tobacco Control - A comprehensive tobacco control program is in place that includes the largest city in the county has a 100% smoke-free ordinance in place.



7. Cardiac and Stroke Response - Advanced life support (ALS) vehicles have 12 Lead ECG Capability available to first responders and the emergency system of care. Stroke is treated as a medical emergency in the community and appropriate acute stroke treatment protocols are in place.



8. Healthcare Quality - Sites in the community promote primary and secondary prevention of Cardiovascular Disease (CVD) and Stroke.



9. Healthy Aging - The community supports healthy aging and provides resources and services for older adults.